

# REGISTRATION FORM

You may also register online at [www.cchbg.org](http://www.cchbg.org)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Daytime Phone: \_\_\_\_\_

Email: \_\_\_\_\_

School: \_\_\_\_\_

Male  Female

Age (on race day 10/16/21) \_\_\_\_\_

Adult T-Shirt Size (S, M, L, XL, XXL) \_\_\_\_\_

### Liability Waiver

I understand and accept that there are risks involved in participating in any recreational activity. I am aware of those risks, and I am voluntarily participating in this activity with knowledge of the risks involved. I agree to accept any and all such risks of injury, death and/or property damage. I agree to the terms of this waiver, release, covenant not to sue and indemnity agreement as set forth herein. In case of injury or illness, I give my consent to emergency transportation and the administration of first aid, medical and/or dental treatment. I accept responsibility for the payment of any emergency transportation, treatment expenses and any related or subsequent medical and/or dental bills. I acknowledge that Catholic Charities and the Diocese of Harrisburg (CC&DH) have not purchased and do not provide any medical or accident insurance to cover such expenses. Any such insurance is my responsibility. I waive, release, absolve indemnify and agree to hold harmless CC&DH, its members, officers, directors, employees, volunteers, agents or any other representative against any and all causes of action, claims, demands, losses, expenses, ability. In addition, I understand that my conduct, if deemed inconsistent with the rules of good sportsmanship and fair play, or the Shelter Shuffle 5k Run Race Rules and Regulations may result in my expulsion from this and other programs. I agree that if registered as a runner, the CC & DH staff may audit runners' status at any time. Any photographs taken while participating in any program, recreational activity, or event are the property of CC & DH and may be used at their discretion.

\_\_\_\_\_  
Signature (Parent or guardian if under 18 of age)      Date

**A registration form is required for each participant.**

**Registration Fee = \$25 per person**

**Registration is free for those collecting more than \$50 in sponsorships.**

**Please make checks payable to *Catholic Charities* and mail along with registration form to:**

**Catholic Charities  
4800 Union Deposit Rd.  
Harrisburg, PA 17111**

**Online registration and payment available at [www.cchbg.org](http://www.cchbg.org)**

**For more information contact Chris Meehan at  
717-657-4804 or [cmeehan@cchbg.org](mailto:cmeehan@cchbg.org)**

***If unable to participate, please consider making a donation.***

**SATURDAY,  
OCTOBER 16, 2021  
Former State  
Hospital Grounds**

**8 AM - Registration  
(at Pavilion)**

**9 AM - Race Start**

**FEES  
\$25 per person**

**COMMEMORATIVE  
SHIRTS  
guaranteed to all  
participants regis-  
tered by 9/30/21**

**CASH PRIZES FOR  
TOP OVERALL  
MALE AND FEMALE  
RUNNERS:  
1<sup>st</sup> (\$100)  
2<sup>nd</sup> (\$75)  
3<sup>rd</sup> (\$50)**

**MORE CASH!  
Additional cash prizes  
if there is a new male  
and/or female course  
record set.**

**OTHER AWARDS  
to be given for run-  
ners by age category.**

**SPONSORS  
Individuals are  
encouraged to raise  
\$50 or more through  
sponsorships. Dona-  
tions (cash or check)  
may be brought to  
the run/walk on the  
day of the event.**

	Sponsor Name	Sponsor Address	Donation Amount	Check Amount	Cash Amount
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
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16					
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21					
22					
23					

Interfaith Shelter for Homeless Families is a Catholic Charities residential program that keeps homeless families (of all ages and genders) together in times of crisis. Located at the Saint Samuel Center in Harrisburg, the program provides help and creates hope for families facing a homeless emergency. Since it opened in 1992, the shelter has helped nearly 15,000 clients.

Last year, 306 individuals (from 108 families) were served at the shelter. In these challenging economic times, the demand for our services continues to increase. Families are often forced to stay in the program longer due to an inability to find steady employment. This only increases our resolve to help our families find the solutions they need to have stable and secure lives.

As the need for this valuable program increases, our need for private financial support is critically important. Your participation in the Shelter Shuffle will enable us to continue our mission of providing help and creating help for those in need. Thank you!

Most Sincerely,

*Christopher P. Meehan*

Christopher P. Meehan  
Director of Development  
Catholic Charities of the Diocese of Harrisburg

Exit I-81 to Cameron and continue south passing the Farm Show Complex – turn left onto Azalea Drive, left again at Dogwood – look for signs and the pavilion.



**The Shelter Shuffle is a scenic course that circles the campus of the former State Hospital grounds. This exciting 5K Run/Walk rambles past beautiful historic buildings and through shaded, hilly vistas of expansive woodlands. Please join us for a fun day to support a worthy cause. All are welcome!**

NONPROFIT  
U.S. Postage  
PAID  
Harrisburg, PA  
Permit No. 107

Diocese of Harrisburg  
Office of Catholic Charities  
4800 Union Deposit Rd.  
Harrisburg, PA 17111



## 17TH ANNUAL 5K Run & Walk October 16, 2021

on the grounds of the  
Former State Hospital Campus  
(across from Farm Show Complex)

Registration 8:00 AM  
Race Start 9:00 AM

- ★ Cash Prizes for top runners
- ★ Cash Prizes if course records are set
- ★ Awards for runners by age group
- ★ Shirts all pre-registrants
- ★ No loops on the course
- ★ Refreshments and door prizes
- ★ Strollers & pets welcome
- ★ Parking & restrooms available



**Honorary Race Starter:**  
Valerie Pritchett  
Anchor, ABC 27 WHTM

Sponsored by Catholic Charities to benefit the  
Interfaith Shelter for Homeless Families