

REGISTRATION FORM

You may also register online at www.cchbg.org

Name: _____

Address: _____

Daytime Phone: _____

Email: _____

School: _____

Male Female

Age (on race day 9/28/19) _____

Adult T-Shirt Size (S, M, L, XL, XXL) _____

Liability Waiver

I understand and accept that there are risks involved in any recreational activity. I am aware of those risks, and I am voluntarily participating in this activity with knowledge of the risks involved. I agree to accept any and all such risks of injury, death and/or property damage. I agree to the terms of this waiver, release, covenant not to sue and indemnity agreement as set forth herein. In case of injury or illness, I give my consent to emergency transportation and the administration of first aid, medical and/or dental treatment. I accept responsibility for the payment of any emergency transportation, treatment expenses and any related or subsequent medical and/or dental bills. I acknowledge that Catholic Charities and the Diocese of Harrisburg (CC&DH) have not purchased and do not provide any medical or accident insurance to cover such expenses. Any such insurance is my responsibility. I waive, release, absolve indemnify and agree to hold harmless CC&DH, its members, officers, directors, employees, volunteers, agents or any other representative against any and all causes of action, claims, demands, losses, expenses, ability. In addition, I understand that my conduct, if deemed inconsistent with the rules of good sportsmanship and fair play, or the Shelter Shuffle 5k Run Race Rules and Regulations may result in my expulsion from this and other programs. I agree that if registered as a runner, the CC & DH staff may audit runners' status at any time. Any photographs taken while participating in any program, recreational activity, or event are the property of CC & DH and may be used at their discretion.

 Signature (Parent or guardian if under 18 of age) Date

Enclosed is my non-refundable entry fee of:
 \$20 (5K Runners & Walkers on or before 9/1/19)
 \$25 (5K Runners & Walkers after 9/1/19)

Free registration for those collecting
 more than \$50 in sponsorships.

Please make checks payable to *Interfaith Shelter*
 and mail along with registration form to:

Catholic Charities
 4800 Union Deposit Rd.
 Harrisburg, PA 17111

If unable to participate, please consider making a donation.

For more information contact Chris Meehan at
 717-657-4804 or cmeehan@cchbg.org

**SATURDAY,
 SEPTEMBER 28TH**
**Former State
 Hospital Grounds**

**8 AM - Registration
 (at Pavilion)**

9 AM - Race Start

FEES
\$20 until 9/1/19
\$25 after 9/1/19

**COMMEMORATIVE
 SHIRTS**
**guaranteed to all
 pre-registered
 participants**

**CASH PRIZES FOR
 TOP OVERALL
 MALE AND FEMALE
 RUNNERS:**
1st (\$100)
2nd (\$75)
3rd (\$50)

MORE CASH!
**Additional cash prizes
 if there is a new male
 and/or female course
 record set.**

OTHER AWARDS
**to be given for run-
 ners by age category.**

SPONSORS
**Individuals are
 encouraged to raise
 \$50 or more through
 sponsorships. Dona-
 tions (cash or check)
 may be brought to
 the run/walk on the
 day of the event.**

	Sponsor Name	Sponsor Address	Donation Amount	Check Amount	Cash Amount
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
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21					
22					
23					

The Interfaith Shelter for Homeless Families is a residential program that keeps homeless families (of all ages and genders) together in times of crisis. Located at the Saint Samuel Center in Harrisburg, the program provides help and creates hope for families facing a homeless crisis. Since it opened in 1992, the shelter has helped nearly 15,000 clients.



Last year, 432 individuals (from 112 families) were served at the shelter. With the current economic challenges facing us, the demand for our services continues to increase. Families are forced to stay in the program longer due to an inability to find steady employment. This only increases our resolve to help our families find the solutions they need to have stable and secure lives.

As the need for this valuable program increases, our need for private financial support is critically important. Your participation in the Shelter Shuffle will enable us to continue our mission of providing help and creating help for those in need. Thank you!

Most Sincerely,
Mark A. Totaro, Ph.D.

Exit I-81 to Cameron and continue south passing the Farm Show Complex – turn left onto Azalea Drive, left again at Dogwood – look for pavilion and signs.



The Shelter Shuffle is a scenic course that circles the campus of the former State Hospital grounds. This exciting 5K Run/Walk rambles past beautiful historic buildings and through shaded, hilly vistas of expansive woodlands. Please join us for a fun day to support a worthy cause. All are welcome!

NONPROFIT
U.S. Postage
PAID
Harrisburg, PA
Permit No. 107

Diocese of Harrisburg
Office of Catholic Charities
4800 Union Deposit Rd.
Harrisburg, PA 17111

Shelter Shuffle

Interfaith Shelter for Homeless Families

15TH ANNUAL 5K Run & Walk September 29, 2019

on the grounds of the
Former State Hospital Campus
(across from Farm Show Complex)

Registration 8:00 AM
Race Start 9:00 AM

- ★ Cash Prizes for top runners
- ★ Cash Prizes if course records are set
- ★ Awards for runners by age group
- ★ Shirts all pre-registrants
- ★ No loops on the course
- ★ Refreshments and door prizes
- ★ Strollers & pets welcome
- ★ Parking & restrooms available



Honorary Race Starter:
Valerie Pritchett
Anchor, ABC 27 WHTM

Sponsored by Catholic Charities to benefit the
Interfaith Shelter for Homeless Families