

## HOURS OF SERVICE

The Catholic Charities Counseling Offices are open Monday through Friday from 8:30-5:00 P.M. Additional hours also available.

Catholic Charities Counseling Offices are approved sites, licensed by the Department of Public Welfare as an outpatient psychiatric clinic.

## FEE POLICY

No person will be denied services because of inability to pay. All services are provided on a sliding fee scale.

## CATHOLIC CHARITIES COUNSELING OFFICES

### Capital Region Office

939 East Park Drive • Suite 101 • Harrisburg, PA 17111  
(717) 233-7978 • FAX (717) 233-4194

### Lancaster Office

925 North Duke Street • Lancaster, PA 17602  
(717) 299-3659 • Español (717) 392-2113  
FAX (717) 299-1328

### Paradise Outpatient

Paradise School  
6156 West Canal Road • Abbottstown, PA 17301  
(717) 259-9537 • Fax: (717) 259-9262

### York Office

253 East Market Street • York, PA 17403  
(717) 845-2696 • FAX (717) 843-3941

### Administrative Office

4800 Union Deposit Road • Harrisburg, PA 17111  
(717) 657-4804 • FAX (717) 657-8683



Visit our web page at: [www.cchbg.org](http://www.cchbg.org)

Catholic Charities of the Diocese of Harrisburg, PA Inc is a non-profit tax exempt organization providing multiple human and social services to persons in the 15 counties which comprise the Diocese of Harrisburg. Services are provided regardless of race, gender, age, ethnicity, religion, nationality, disability, political belief or ability to pay. Catholic Charities operates on an annual budget of ten million dollars funded by grants from government agencies, United Way, fees from clients, as well as contributions from individuals, foundations and corporations and the Bishop's Annual Lenten Appeal.



# COUNSELING SERVICES



CATHOLIC  
CHARITIES  
DIOCESE OF HARRISBURG

# OUR PROGRAM

A Large and Dynamic Organization, Catholic Charities Offers a Wide Range of Counseling Services

## MISSION STATEMENT

Catholic Charities of the Diocese of Harrisburg, PA, Inc. exists to respond to the human service needs of people throughout the Diocese of Harrisburg and Central Pennsylvania. Catholic Charities fosters the ideals of Christ through a caring, living faith by: promoting and advocating respect for the sanctity of human life, underscoring the central role of marriage and the family in society, and providing a continuum of high quality services to individuals, children, youth, married couples, families, and the elderly.

Everyone, at some point in their life, experiences what seem to be over-whelming difficulties. These difficulties often arise as a result of a troubled relationship with one's spouse, child or other significant person in your life. In many cases, the involvement of a skilled therapist can prove extremely valuable by assisting individuals in finding alternatives and solutions to confusing and complex personal issues.

Catholic Charities provides confidential professional and quality counseling services to individuals, couples and families. The masters' level staff of Catholic Charities receive ongoing professional training and supervision in order to provide the best possible service to those who are seeking the assistance of a skilled therapist. Services are provided regardless of religious affiliation, race or ability to pay.



## MARITAL THERAPY

Two career families, tight schedules and the demands of children are but a few of the challenges faced by couples today. Strains which are placed upon a marital relationship often generate powerful emotions and feelings. The use of an unbiased, third-party can be a valuable resource when couples are attempting to sort out and untangle their actions, emotions and motivations.

## INDIVIDUAL COUNSELING

Depression and anxiety brought about by a sudden change in life are commonplace today. Our service offers understanding and support to individuals of all ages and backgrounds trying to find their way in all phases of life, during times of emotional upheaval, loss, hopelessness, and hardships.



## FAMILY THERAPY

Your daughter, once responsive and cooperative, has become rebellious and despondent. Your son tantrums each morning and refuses to go to school. By including the entire family in discussions about difficulties such as these, a skilled family therapist can enable families to identify and strengthen positive behavior and communications patterns in order to benefit all family members.

