

## Concluding Services

As a family successfully completes their goals, the team will work with the family to plan for ending services. The team will gradually cut back its time to give the family more independence. The team makes any appropriate referrals and recommendations to ensure the future success of the family's functioning. In addition, after the team has fully ended our services, the family receives a follow-up evaluation to see how they have benefited from services. In the event of an unsuccessful closure, documentation including recommendations, is forwarded to the Children and Youth caseworker. The team members are all very passionate about their work and enjoy working successfully with all families by building on each one's strengths.



**CATHOLIC CHARITIES**

York

## INTENSIVE FAMILY SERVICES

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York, PA 17403

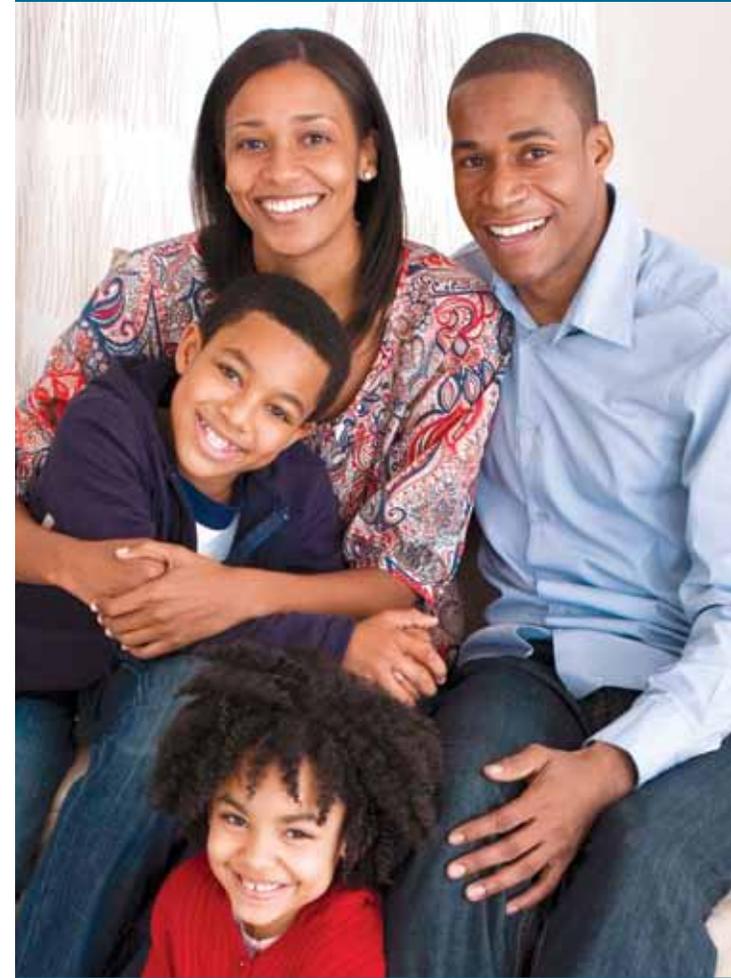
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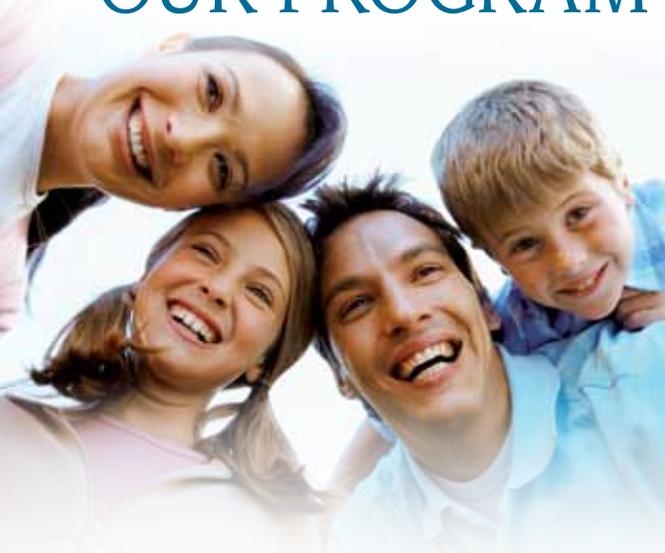


# York INTENSIVE FAMILY SERVICES



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# OUR PROGRAM



Intensive Family Services (IFS) Teams were developed to prevent out of home placements. If a child is already in placement, an IFS Team will work with the family to have the child returned as soon as possible. The Team is available to provide supervised visitation where families can practice new skills and deal with family difficulties. As families make progress on their goals, additional visitation will be offered. Returning children home is the ultimate goal.

The IFS Teams provide intensive treatment right in the home. The number of sessions or appointments depends upon the special needs of a particular family. The IFS Team consists of the following members:

- A Family Therapist
- A Family Advocate—Connects you to community services
- A Life Skills Teacher—Provides all aspects of parenting

All of our staff are professionally trained and supervised. They attend scheduled trainings on a regular basis to equip them to provide the best service possible.

The IFS Team meets in the home several times a week and will attempt to work around the family's work schedule. Services usually last approximately 6 months, but this depends upon the family's progress and individual needs.

## Treatment Goals

Goals are developed with the family which will identify strengths and areas needing change. We work first to address the Children and Youth Case Plan; however, we are sensitive to each family's individual needs. The following is a list of specific treatment services often implemented by the team:

- Parenting Skills
- Employment Search
- Conflict Resolution
- Housing Search
- Anger Management
- Family Therapy
- Communication Skills
- Money Management
- Domestic Violence Education
- Housekeeping Skills
- Individual Therapy
- Behavior Management
- Drug / Alcohol Education

## Adoption & Safe Families Act

The Federal guidelines adopted in 1997 require that Children and Youth ensure safety and permanency for children. These guidelines require that children do not remain in foster care beyond 15 months. Families must understand that delay in addressing placement reasons can impact their child's return. Families are encouraged to work cooperatively with the team in order to have their children returned as quickly as possible. Generally each family has a review hearing every 6 months.

